Abstract
Lack of academic success among Black male students has become a focus of educational debate. Concerned educators have led the search for effective models of intervention and prevention. Current literature indicates that positive interaction with adult male mentors in the educational setting might foster academic success among Black male students. This study investigated the effects of a mentor program on the academic success and self concept of selected Black males in the junior high school.

A mentor program was implemented in an Alexandria, Virginia junior high school. Based upon teacher and administrator referral, 50 students who might benefit from participation in a mentor program were identified. Twenty-five students were randomly assigned to the treatment group and participated in the full mentor program. The control group of 25 students was monitored. Eleven city agency and school staff members served as mentors to the experimental group.
and section 1.1.2 examines physical activity effects on cognitive functioning. 1.1.1 Effects of Physical Activity on the Brain. Physical activity effects on the brain have been extensively researched (Etnier, et al., 1997; Ploughman, 2008; Trudeau & Shephard, 2010; Sibley & Etnier, 2003). Request full-text. Self-Beliefs And School Success: Self-Efficacy, Self-Concept, And School Achievement. Article in Perception · October 2000 with 1,288 Reads. Cite this publication. Individuals with high self-efficacy approach difficult tasks as challenges to be mastered and develop an intrinsic interest in tasks (Pajares & Schunk, 2001). This as self-efficacy seems to be receptive to changes in the instructions that are given from the teachers (Pajares & Schunk, 2001; Robbins et al., 2004). The Relationship between Self-Concept, Self-Efficacy, and Military Skills and Abilities. Article. Full-text available.