Among women 65 and older who were living alone, 71% said they were very satisfied with the number of friends they have; for women living with others, that number was 67%. Older men living alone had a harder time: 48% of them said they were satisfied with the number of friends they had, compared to 62% of men living with others.

It is in their financial well-being. Both men and women living alone are far more likely to feel financially strapped than those living with others. Perhaps this should not be surprising since they have just one set of financial resources to draw from (whether salary if they are still working, or pension or Social Security or other assets) and their one set of resources has to cover all their bills. The Have It All Woman. Living Alone and Loving It. The Art Of Living Single. The Art Of Living Single. Being Single in a Couple’s World: How to Be Happily Single While Looking for Love. Flying Solo: Single Women in Midlife.

I definitely prefer to live alone. Single 36 year old female and no children I value my independence. I can cook what I like and come and go as I please and don’t answer to anyway! It is freeing. Living alone is not my choice, though it has lots of advantages. It’s hard to find or being found by a soul-mate. Though I am quiet and can entertain myself with indoor hobbies, sometimes I do need to share my days with a trustworthy man than wasting the beauty that life brings me.