Projective counseling—A psychotherapeutic technique

Counseling Psychology and Psychotherapy 2013. no. 2, 212–224 ISSN: 2075-3470 / 2311-9446 (online). Projective technique for consultation's strategies study. Full Text in Russian (PDF, 184 kb) PrintRUIn Russian. Abstract. The article discusses the concept of "consolation" as describing an interpsychological form of experience. It is concluded that the psychologist should base its work on the client's consolation's strategies, which have emerged from the client's process of personality growth. A new projective technique to study consolation's strategies and analysis of i Projective techniques have a lengthy and vital history in personality assessment, but they have evoked a minimal degree of interest on the part of counselors. Psychometric limitations, lack of training opportunities, and the obscure qualities of the instruments have restricted their use among practitioners. The author proposes a method to stimulate the use of projectives as an integral part of the counseling process and provides justification for the expanded use of the technique as a counseling tool. Almost 50 years ago, Harold Pepinsky, a pioneer in the counseling profession (Claibom, 1985),